



Save without sacrifice. Your organization has just joined many others nationwide to help save energy, save money, and protect the environment by letting idle computer monitors rest. Monitor power management will not affect your computer's performance. It automatically puts your monitor into a low power or "sleep" mode after it has been idle for a certain amount of time. A simple touch of the mouse or keyboard "wakes" the machine within seconds, without affecting what you were previously working on.

Your sleeping monitor saves nearly 200 kWh per year, equal to:

- Adding 2,000 square feet of trees
- Removing more than a week's worth of emissions from a car
- Saving 8 gallons of gasoline

And turning off your computer before you leave work doubles the amount of energy saved.

www.energystar.gov/powermanagement

SLEEP *is good.*

